

CWPT LIBRARY SERVICES HEALTH PROMOTION BULLETIN

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Evidence regularly sourced from:
Daily Health Bulletin
King's Fund
NICE
NIHR
SIGN
TRIP
World Health Organization



Asthma

Use of greener asthma inhalers

National Institute for Health and Care Excellence

NICE has issued a patient decision aid which encourages the use of greener asthma inhalers. The decision aid highlights that some inhalers have a much higher carbon footprint than others. It will help people with asthma, alongside health professionals, to identify which inhalers could meet their needs and control their symptoms. The decision aid also says that all used inhalers should be returned to local pharmacies for environmentally safe disposal or recycling.

Cancer

Advances in cancer treatment

Parliamentary Office of Science and Technology

The Parliamentary Office of Science and Technology has published Advances in cancer treatment. This document provides an overview of recent advances in cancer treatment, the potential benefits and risks, and considers the opportunities and challenges to using new technologies in the NHS.

Children and Young People's Health

Early access to mental health support for children

Children's Commissioner

The Children's Commissioner has published Early access to mental health support. This report examines spending on "low-level" mental health support for children in England. "Low-level" mental health services are preventative and early intervention services for treating problems like anxiety and depression or eating disorders. The report shows there were wide variations between areas in how much funding is available: the top 25% of local areas spent at least £1.1 million or more, while the bottom 25% spent £180,000 or less.

Integrated care in action – children and young people

NHS England

A Case Study published by NHS England, presenting how integrated care systems are supporting children and young people.

Physical activity guidelines for children under 5 years of age

World Health Organisation

The World Health Organisation has published Guidelines on physical activity, sedentary behaviour and sleep for children under 5 years of age. The guidelines aim to provide recommendations on the amount of time in 24-hours that young children, under 5 years of age, should spend being physically active or sleeping for their health and wellbeing, and the maximum recommended time children should spend on screen-based sedentary activities or time restrained.

Supporting young parents

Local Government Association

The Local Government Association has published "Supporting young parents to reach their full potential". This document contains case studies showing how local councils, sometimes working in collaboration with CCGs, can make a difference to young parents and ensure they get the help they need.

Elderly Health

Integrated care in action – older people's care

NHS England

A Case Study published by NHS England, presenting how integrated care systems are supporting older people.

The State of Ageing in 2019

Centre for Ageing Better

The Centre for Ageing Better has published The State of Ageing in 2019. This report provides a snapshot of ageing today and in the future. It uses publicly available data to give a snapshot of what life is like for people aged 65 and older and investigates the prospects for people currently in their 50s and 60s looking across four crucial areas: work and finances, housing, health and communities.

Innovation

Digital health interventions

World Health Organisation

The World Health Organisation has published Recommendations on digital interventions for health system strengthening. The key aim of this guideline is to present recommendations based on a critical evaluation of the evidence on emerging digital health interventions that are contributing to health system improvements, based on an assessment of the benefits, harms, acceptability, feasibility, resource use and equity considerations.

Immunisation and Vaccination

Global influenza strategy

World Health Organisation

The World Health Organisation has published Global influenza strategy 2019-2030. The strategy aims to protect people in all countries from the threat of influenza. The goal of the strategy is to prevent seasonal influenza, control the spread of influenza from animals to humans, and prepare for the next influenza pandemic.

National flu immunisation programme 2019/20

NHS England

NHS England has published The national flu immunisation programme 2019/20. This letter describes the national flu immunisation programme for 2019 to 2020 and provides information on the adults and children eligible to be vaccinated under the programme.

Mental Health

Autism

House of Commons Library

The House of Commons Library has published Autism – overview of UK policy and services. This briefing provides an overview of policies and services for people with autism, primarily in England.

Cognitive behavioural therapy may help ease depression in the workplace

National Institute for Health Research

Workplace-based interventions for people with depressive symptoms are effective. This review of 16 trials looked at early stage interventions to prevent depressive symptoms from developing into more severe depressive illness.

Health prevention and mental health

Centre for Mental Health

The Centre for Mental Health has published A vision for prevention: priorities for the Government's green paper on health prevention. This document summarises the key areas where prevention can make a difference in relation to mental health and wellbeing.

Integrated care in action – mental health

NHS England

A Case Study published by NHS England, presenting how integrated care systems are supporting mental health issues.

Outcomes for mental health services

King's Fund

The King's Fund has published Outcomes for mental health services: what really matters? This report examines the pursuit of outcomes by mental health services and highlights how frameworks for measuring outcomes are often too narrowly focused on clinical outcomes. The report challenges mental health services to adopt a broader perspective on outcomes as a basis for collaborating with service users and a foundation for delivering more humane and effective care.

Specialist dementia nurses

National Institute for Health Research

The National Institute for Health Research has published Specialist nursing support for unpaid carers of people with dementia: a mixed-methods feasibility study. This study found specialist nursing support to carers of people with dementia may enable them to continue providing care to the end or very close to the end of the dementia journey. The outcomes for such carers may be no different from, or even slightly better than, those of similar carers without this support, although the costs to health and social care services are the same in each case.

Unique mental health scheme helps 1,000 people back to work

NHS England

An Innovative case study which demonstrates how the New Leaf project in Exeter, part of Devon Partnership NHS Trust, has helped more than 1,000 people develop employment skills as part of their therapy

Patient Health

Getting hospital patients up and moving shortens stay and improves fitness

National Institute for Health Research

According to recent research Interventions to encourage patients admitted to hospital for medical problems to get out of bed and walk around increases their mobility, without increasing their risk of falls.

Public Health

Links between oral health and general health

Royal College of Surgeons

The Faculty of Dental Surgery at the Royal College of Surgeons has published a position statement on oral health and general health. The statement highlights the links between oral health and general health, including conditions such as diabetes and cardiovascular disease, and makes recommendations about how the oral health profession can play a broader role in prevention.

Public Health England business plan

Public Health England

Public Health England has published their Annual business plan 2019/20. The business plan sets out the core purpose of Public Health England, significant achievements in 2018 to 2019 and priority actions for 2019 to 2020 to protect and improve the public's health and reduce health inequalities.

Integrated care in action – Health inequalities

NHS England

A Case Study published by NHS England, presenting how integrated care systems are tackling health inequality issues.

Outdoor air quality and health

Public Health England

Public Health England has published Improving outdoor air quality and health: review of interventions. This document reviews the evidence for practical interventions to reduce harm from outdoor air pollution. It provides local practitioners and policy-makers with an indication of the broad range of interventions that can be used to address different problems and which of those interventions may be worth considering further due to their potential health benefits. The report outlines principles for strategies and the future design and evaluation of interventions.

Patient incentives in health care

National Institute for Health Research

The National Institute for Health Research (NIHR) has published a 'Highlight' focusing on patient incentives. This Highlight explores the evidence from a range of NIHR studies examining the use of incentives in different circumstances and how people feel about them. It considers for whom and in what circumstances incentives can be helpful in healthcare.

Population Wellbeing Portal

Health Education England/Public Health England

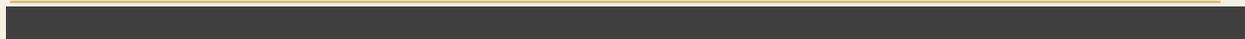
Health Education England, Public Health England, and other organisations have developed a Population Wellbeing Portal. The Portal offers free access to education, training and professional development resources, to help deliver improvements in public health and prevention.

Smoking

E-cigarettes helped more smokers quit than nicotine replacement therapy

National Institute for Health Research

Smokers who use NHS stop smoking services appear almost twice as likely to be successful for a year if they use e-cigarettes as if they use nicotine replacement therapy (NRT) products, according to a recent randomised control trial.



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