

Library and Knowledge Services

Mental Health Older People

A selection of books from the four Trust libraries

Group Techniques for Aging Adults



Kathie Erwin

Practical guidelines for how to design, implement, and monitor progress for group modalities that allow theory to be put into practice easily. The modalities are defined in holistic contexts of mind, body, society, and spirituality, including reminiscence, humor, expressive art, and therapeutic writing.

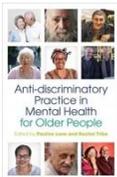
Growing Older. Quality of Life in Old Age



Catherine Hennessy, Alan Walker

This book focuses on ways quality of life can be extended for older people and offers short research-based summaries of key findings on a variety of core topics with emphasis on the views of older people themselves. Many of the leading names in social gerontology have contributed their findings, providing up-to-date and broad-ranging information available on quality of life in old age.

Anti-discriminatory Practice in Mental Health Care for Older People



Pauline Lane, Rachel Tribe

Exploring key issues around anti-discriminatory practice in mental health services, this book looks at ways to improve the health and social care of older people from minority and excluded communities. The chapters explore the issues in working with individuals from minority groups, such as LGBT, people, people with learning disabilities, people from black and minority ethnic communities, homeless people and people with dementia. The chapters cover theory and research into discrimination, ageing and identity. Contributions from experts provide insights into developing anti-discriminatory practice.

Essentials of Clinical Geriatrics



Robert Kane et al

Authoritative coverage of all the important issues in geriatrics, with concise, practical guidance on the diagnosis and treatment of the diseases and disorders most commonly encountered in an elderly patient. The book focuses on the field's must-know concepts, from the nature of clinical aging to differential diagnosis of important geriatric syndromes to drug therapy and health services; Numerous tables and figures that summarize conditions, values, mechanisms, therapeutics; Coverage of preventive services and disease screening; An appendix of Internet resources on geriatrics. Recognizing medical issues interact with social and environmental issues, this book includes chapters on Health Services, Nursing Home Care, Ethical Issues in the Care of Older Persons, and Palliative Care.

Managing Depression, Growing Older: A guide for professionals and carers

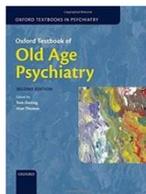


Kerrie Evers

Even when he's grey around the muzzle, the black dog of depression can still deliver a ferocious bite.

Depression may appear for the first time as we get older, as a result of life circumstances or our genetic makeup. This book offers a guide to identifying depression in older people, supporting them at home or in an aged care setting, and the importance of diet, exercise and attitude in recovery. It is essential reading for anyone who works with the elderly.

Oxford Textbook of Old Age Psychiatry



Tom Dening, Alan Thomas

Broad in scope and with global appeal this second edition is the definitive resource on old age psychiatry. It provides the latest knowledge on the science and practice of treating later life mental disorders, focusing on the health and social issues that arise around ageing, dementia, co-morbidity, dependency, and the end of life in progressively ageing societies across the world. New chapters cover palliative care, the ethics of caring, and living and dying with dementia. Additional information is included on brain stimulation therapies, memory clinics and services, and capacity, which now includes all mental capacity and decision making.

Activities for Older People



Brian Banks

Designed to meet the needs of the elderly in residential care this book provides a range of activities in the creative field. It presents

practical ideas from quick to long lasting, inexpensive to expensive. The text builds from basics and there are ideas for anyone to use with many different materials.

Caring for Older People in Nursing



Sue Barker

This book aims to help nursing students understand how to care for older people in any care setting. It focuses on person-centred, humanised care in addition to physical care, helping to examine attitudes towards older people in health care and combat negative stereotypes. The book takes a positive stance on ageing, celebrating that in the Western world we live longer and healthier with a focus on the well-being of the individual.

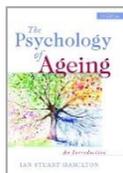
Handbook of the Clinical Psychology of Ageing



Robert Woods

This book was universally regarded as a landmark publication when it was first published in 1996. Now, fully revised and updated, it retains the breadth of coverage of the original, providing a complete and balanced picture of all areas of clinical research and practice with older people.

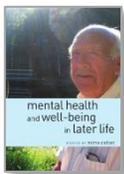
The Psychology of Ageing: An Introduction



Ian Stuart-Hamilton

This revised book has a new chapter on death, dying and bereavement. Providing an overview of psychological processes of ageing, it presents the latest theory and research, including ageing and memory, language, personality and lifestyle and mental illness.

Mental Health and Well-Being in Later Life



Mima Cattán

Concern has been expressed that dementia has dominated the agenda of mental health and old age. This book goes some way to readdressing the imbalance with a focus on mental health and well-being in later life. It demonstrates how theory and health promotion principles link with the promotion of mental health and well-being in later life.

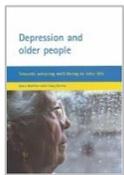
ABC of Geriatric Medicine



Nicola Cooper, Kirsty Forrest, Graham Mulley

This book provides an introduction to the new and increasing challenges of treating older patients in a variety of settings. It provides an overview of geriatric medicine in practice. Chapters are written by experts, and are based on the specialty geriatric medicine curriculum in the UK. It is an essential guide where management of the ageing population is a major health issue - for hospital and family doctors, students, nurses and other members of the multi-disciplinary team.

Depression and Older People: Towards Securing Well-Being in Later Life

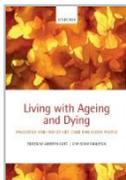


Mary Godfrey, Tracy Denby

A psycho-social approach exploring depression in the context of the lives of older people. Commissioned by

Help the Aged, it reviews the evidence base around depression and older people; identifies gaps in the evidence

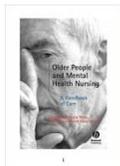
Living with Ageing and Dying: Palliative and End of Life Care for Older People



Merryyn Gott, Christine Ingleton

This book identifies ways for improving the end of life experiences of older people using an interdisciplinary approach. Providing a synergy between the disparate gerontology and palliative care literature, leading experts discuss priority areas in ageing and end of life care.

Older People and Mental Health Nursing: A Handbook of Care



Rebecca Neno, Barry Aveyard, Hazel Heath

This focuses on the knowledge and key skills practitioners require to work with older people who

with mental health needs. It looks at the ethical and legal issues involved, therapeutic relationships, culture, religion and sexuality. Part four details specific issues, including delirium, depression, and dementia. The final section explores future trends and offers ideas on how nursing is developing to address these.

CANE: Camberwell Assessment of Need for the Elderly



Martin Orrell, Geraldine Hancock

Needs are assessed in 24 areas of life and cover a broad range of health, social and psychological domains. Also included are two items that assess the needs of those who care for the older person. The CANE is a assessment instrument, suitable for both research and clinical use. This book contains chapters on its development, and its application in various settings and populations, such as day hospitals, sheltered housing, primary care, acute hospital wards, services for early-onset dementia, and long-term care settings.

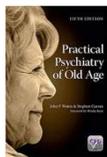
Oxford Handbook of Geriatric Medicine



Lesley Bowker

This book provides user-friendly advice in a field that has limited evidence, yet makes up a substantial proportion of the work of most clinicians. This will be invaluable to all those involved in the care of the older patient.

Practical Psychiatry of Old Age



John Wattis, Stephen Curran

This book details key psychiatric conditions, their assessment and management in line with modern developments, including the latest developments in healthcare policy. It has been revised to incorporate the National Institute for Health and Clinical Excellence (NICE) Guidance.

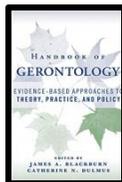
Reminiscence and Recall: A Practical Guide to Reminiscence Work



Faith Gibson

References to 'personal worth and identity' and 'a lifetime of experience' are backed up with chapters showing work with people with dementia, are depressed, have learning difficulties, sensory impairment or who are bereaved or terminally ill.

Handbook of Gerontology



James A. Blackburn

This book provides an essential source of important theoretical and applied information on gerontology for all mental health professionals interested in optimizing the health and well-being of older adults.



Working With Older People And Their Families: Key Issues in Policy and Practice

Mike Nolan

This book combines reviews of specialist literatures with new empirical data to synthesise themes about making a reality of 'person-centred' care. It unites the perspectives of older people, family and professional carers in promoting a holistic approach to the challenges of an ageing society.

CWPT Library and Knowledge Services

Library Service Manager

Wendy Townsend
Tel. 01926 406749

wendy.townsend@covwarkpt.nhs.uk

Outreach/Training Librarian

Andy Hough
Tel. 024 76932450

andy.hough@covwarkpt.nhs.uk

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Tel. 02476 321561

manorcourt.library@covwarkpt.nhs.uk