



Quick Guide to Health Information Resources



Beat

<https://www.beateatingdisorders.org.uk/types/downloadable-resources>

Beat is a resource supporting people suffering with Eating Disorders.



Coventry & Warwickshire Partnership NHS Trust Leaflet Library

<https://www.covwarkpt.nhs.uk/information-leaflets>

The Trust provides a wide range of healthcare leaflets for patients.



Easy Health

<http://www.easyhealth.org.uk/>

A resource providing access to health guidance in an easy read format.



Mencap

<https://www.mencap.org.uk/>

Mencap provides extensive online information on learning disabilities.



Mind

<https://www.mind.org.uk/>

Mind is a major Mental Health Charity which providing access, guidance and support literature for a wide range of Mental Health topics.



NHS Choices

<https://www.nhs.uk/pages/home.aspx#>

NHS Choices is the patient information portal which offers access to services, information on health conditions, lifestyle and self-help guides



Patient

<https://patient.info/>

Patient is a "one-stop-site" offering access to a range of health topics and conditions. The information provided is endorsed by NHS England.



Rethink Mental Illness

<https://www.rethink.org/>

Rethink Mental Illness aims to support patients with a mental illness.



Royal College of Psychiatry

<https://www.rcpsych.ac.uk/expertadvice.aspx>

This is a useful site for patient information guides on a wide range of Mental Health conditions and topics.

