

The following websites are considered to be of good quality health information:



Beat

Beat is a resource which supports people suffering with Eating Disorders.

<https://www.beateatingdisorders.org.uk/>



Coventry & Warwickshire Partnership NHS Trust

Coventry and Warwickshire Partnership Trust provides a range of healthcare leaflets for patients.

<https://www.covwarkpt.nhs.uk/information-leaflets>



Easy Health

A resource which provides access to health guidance

in an easy read format.

<http://www.easyhealth.org.uk/>



Mencap

Mencap has an extensive online resource providing information on learning disabilities.

<https://www.mencap.org.uk/>



Mind

Mind is a major Mental Health Charity which is a useful resource to access, guidance

and support literature for a wide range of Mental Health topics.

<https://www.mind.org.uk/>



Patient

Patient is a “one-stop-site” which offers access to a wide

range of health topics and conditions.

The information provided by Patient is endorsed by NHS England.

<https://patient.info/>



Rethink Mental Illness

Rethink Mental Illness is a resource whose aim is to support patients with a mental illness.

<https://www.rethink.org/>



Royal College of Psychiatry

The Royal College of Psychiatry is a useful site for patient

information guides on a wide range of Mental Health conditions and topics.

<https://www.rcpsych.ac.uk/mental-health>

NHS Website

(formerly NHS Choices)

NHS website is the patient information portal which offers access to services, information on health conditions, lifestyle and self-help guides.

<https://www.nhs.uk>



NHS – Mental Health

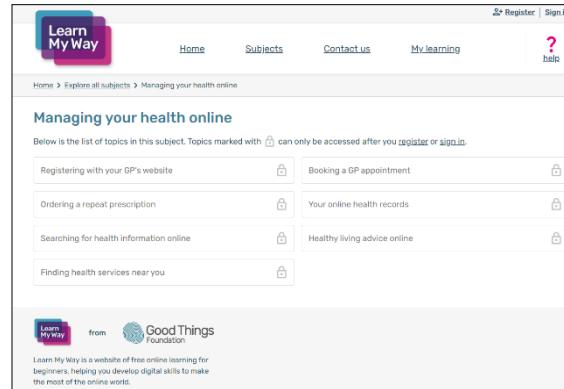
Find information and support for your mental health.

<https://www.nhs.uk/mental-health/>



NHS – Managing your health online

<https://www.learnmyway.com/>



Library and Information Services

Finding Online Health Information You Can Trust

Library Services Contact Details

If you would like further information or help with finding quality health information please use the contact details below:

Outreach/Training Librarian

Andy Hough

andrew.hough@covwarkpt.nhs.uk

Tel. 024 7693 2519

Health Sciences Library

Caludon Centre, Clifford Bridge Road, Coventry

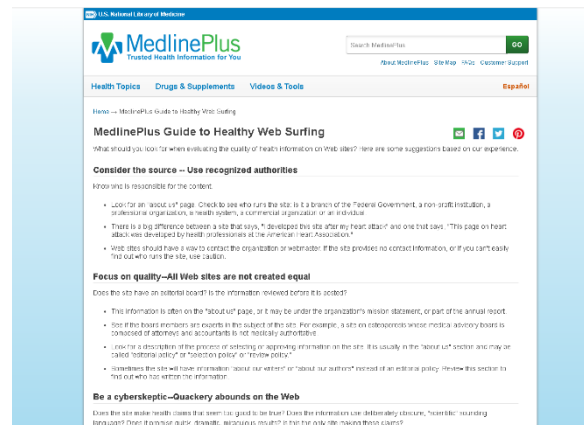
Tel. 024 7693 2450

caludon.library@covwarkpt.nhs.uk

MedlinePlus Guide to Healthy Web Surfing

What should you look for when evaluating the quality of health information on Web sites? Here are some suggestions based on our experience.

<https://medlineplus.gov/healthywebsurfing.html>



Quick Guide to Health Information Resources