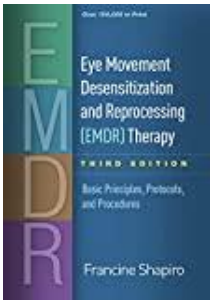


## EMDR Therapy: Eye Movement Desensitisation & Reprocessing

Books and E-Books\* can be accessed via the Library online catalogue at: <http://cwpt.wordpress.ptfs-europe.co.uk/>

\*E-Books require an OpenAthens account

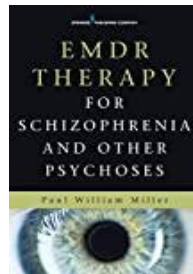
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**EMDR Therapy: basic principles, protocols, and procedures**  
Francine Shapiro

The authoritative presentation of EMDR therapy. Originally developed for

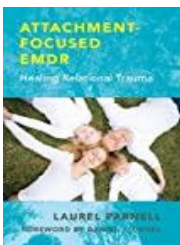
treatment of posttraumatic stress disorder (PTSD), this evidence-based approach is now also used to treat adults and children with complex trauma, anxiety disorders, depression, addictive behavior problems, and other clinical problems.



**EMDR Therapy for Schizophrenia and Other Psychoses**  
Paul William Miller

This practical resource is the first to apply EMDR to clients/patients with

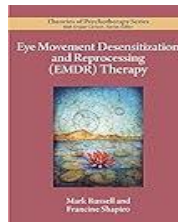
psychotic disorders, written by THE EXPERT. It provides a summary of the latest research covering the use of EMDR in schizophrenia and the other psychoses, and demonstrates how an easy to use adaptation of the standard EMDR 8-phase protocol, the ICoNN model can be successfully applied in this client group with good outcomes.



**Attachment-Focused EMDR: healing relational trauma**

Laurel Parnell  
One of the hottest theoretical areas in psychotherapy

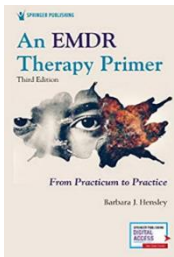
attachment. It is combined with the use of EMDR to teach therapists a new way of healing clients with relational trauma and attachment deficits.



**Eye Movement Desensitization and Reprocessing (EMDR) Therapy E-Book**

Mark C Russell

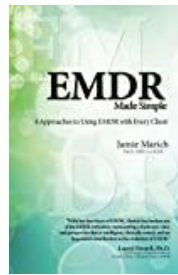
Eye movement desensitization and reprocessing therapy (EMDR) is a unique, empirically validated approach that is recommended by the World Health Organization as a "first line treatment for post traumatic stress disorder in adults.



## **An EMDR Therapy Primer: From Practicum to Practice**

Barbara Hensley

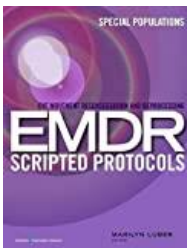
This is a step-by-step overview of the foundations of EMDR Therapy. It helps new and experienced clinicians maximize their preparation and skills in using EMDR safely, confidently, and effectively. The second edition reflects the evolution of EMDR to an integrative psychotherapeutic approach and is intended for use as a companion to Francine Shapiro's EMDR texts.



## **EMDR Made Simple: 4 approaches to using EMDR with every client**

Jamie March

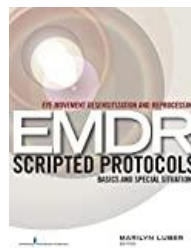
This book offers a new approach to understanding, conceptualizing, and implementing EMDR into clinical settings. Dr. March shows that EMDR is more than a series of protocols that need to be mastered for it to be effective. Using clinical cases, and practical examples, EMDR Made Simple provides the tools to build on existing clinical knowledge and make EMDR work for you and your clients.



## **EMDR Scripted Protocols: special populations**

Marilyn Lubber

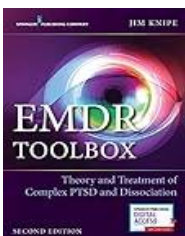
This book outlines some of the basic elements of the 11-Step Standard Procedure of EMDR and the Standard Three-Pronged EMDR Protocol. It focuses on applying EMDR scripted protocols to special populations. These include children, adolescents, couples, and clients suffering from complex PTSD, dissociative disorders, anxiety, addictive behaviors, and severe pain.



## **EMDR Scripted Protocols: basics and special situations**

Marilyn Lubber

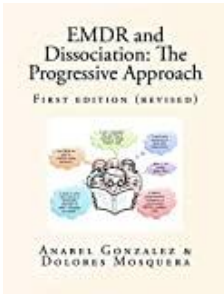
EMDR has been used in many areas, such as addictions, anxiety, pain and dissociative disorders. This book gives therapists a place to access the full protocols, including the past, present and future templates as well as auxiliary information. It sets forth a template to use for reliability so that working in EMDR idiom is consistent.



## **EMDR toolbox: theory and treatment of complex PTSD and dissociation 2<sup>nd</sup> Edition**

Jim Knipe

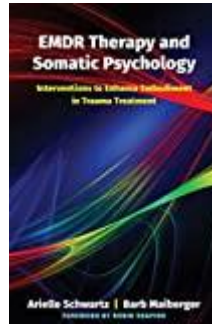
This book is the first to bring together in one volume an overview of the principal issues in treatment of dissociative disorders in complex PTSD, and a description of the integration of specific EMDR-related interventions or "tools" with other psychotherapeutic treatments.



## **EMDR and Dissociation: the progressive approach** Anabel Gonzalez

EMDR is a psychotherapeutic approach developed for the treatment of

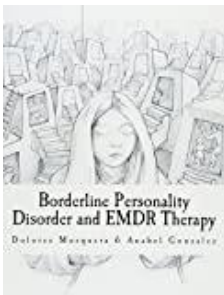
PTSD. Practicing clinicians have also found the application of EMDR useful in treating patients who have experienced emotionally traumatic events, described as distinctive of their family-of-origin, their personal life history and their attachment relations. The authors describe some basic aspects to apply EMDR in the more severe cases, including dissociative disorders, personality disorders and different types of complex traumatization.



## **EMDR Therapy and Somatic Psychology Interventions to Enhance Embodiment in Trauma Treatment** Arielle Schwartz

This book is written to meet the growing

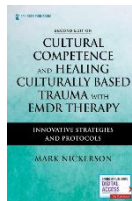
interest in a synthesis of somatic psychology with EMDR Therapy as a comprehensive trauma treatment model. Interventions are presented as scripted protocols to enhance embodiment within the 8-phases of EMDR Therapy. This integrative treatment model teaches therapists how to increase the client's capacity to sense and feel the body which is a necessary part of helping the client work through traumatic memories in a safe and regulated manner in order to facilitate lasting integration.



## **Borderline Personality Disorder and EMDR Therapy** Anabel Gonzalez

This book proposes a comprehensive framework for working with this

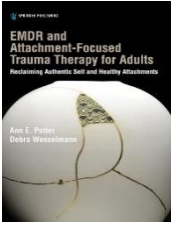
complex group of clients. The theoretical background integrates attachment theory, structural dissociation, and the adaptive information processing model. Written in a practical and clinically oriented style, BPD and EMDR covers different situations such as defensive strategies, unhealthy self-care patterns, rigid core beliefs, emotional dysregulation, self-harming behaviors, and relational problems



## **Cultural Competence and Healing Culturally Based Trauma with EMDR Therapy E-Book**

Mark Nickerson

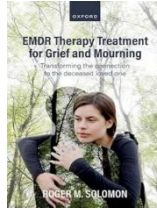
This book provides graspable conceptual frameworks, useful language and terminology, in-depth knowledge about specific cultural populations, clinical examples, practical intervention protocols and strategies, research citations, and additional references. This text speaks not only to EMDR practitioners, but has been recognized as a groundbreaking work for therapists in clinical practice.



## EMDR and Attachment-Focused Trauma Therapy for Adults

Ann E Potter

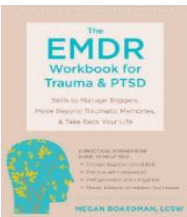
At the heart of this innovative text is a strengths-based, Attachment-Focused Trauma Therapy for Adults (AFTT-A) that facilitates healthier functioning and attachment patterns for adult clients.



## EMDR Therapy Treatment for Grief and Mourning

Roger M Solomon

EMDR (Eye Movement Desensitization and Reprocessing) therapy, an evidenced based treatment for trauma, can help process the trauma of the loss and the obstacles that interfere with the grief and mourning process.

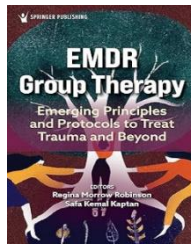


## The EMDR Workbook for Trauma and PTSD

Megan Boardman

In The EMDR Workbook for Trauma, you'll discover a

complete program to help you get in touch with, understand, and heal from the beliefs, feelings, and bodily sensations connected to your trauma.



## EMDR Group Therapy

Regina Morrow

This innovative handbook is the first to present EMDR Group Therapy as a pragmatic approach to trauma care that enables practitioners to scale up mental health services while ensuring cost and time efficiency.

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