

Mental Health Older People

A selection of books from the four Trust libraries

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Group Techniques for Aging Adults

Kathie Erwin

Practical guidelines for how to design, implement, and monitor progress for group modalities that allow theory to be put into practice easily. The modalities are defined in holistic contexts of mind, body, society, and spirituality, including reminiscence, humor, expressive art, and therapeutic writing.



The Good Practice Guide to Therapeutic Activities With Older People In Care Settings

NAPA

Written by the National Association for Providers of Activities for Older People (NAPA), a charity whose remit is to set standards and disseminate knowledge of good practice in activity provision and to support activity providers who work in care settings for older people, this guide offers: a model of good practice in one concise volume; a benchmark against which activity providers can measure and evaluate their practice; clear links to current national standards; guidance for care home owners and managers who wish to respond to the recent government initiatives on providing activities for their clients.



Anti-discriminatory Practice in Mental Health Care for Older People

Pauline Lane, Rachel Tribe

Exploring key issues around anti-discriminatory practice in mental health services, this book looks at ways to improve the health and social care of older people from minority and excluded communities. The chapters explore the issues in working with individuals from minority groups, such as LGBT, people, people with learning disabilities, people from black and minority ethnic communities, homeless people and people with dementia.



Essentials of Clinical Geriatrics

Robert Kane et al

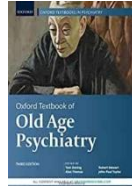
Presented in full-color, this classic features a strong focus on the field's must-know concepts, from the nature of clinical aging to differential diagnosis of important geriatric syndromes to drug therapy and health services. The Eighth Edition has been completely revised to provide the most current updates on the assessment and management of geriatric care.



Managing Depression, Growing Older: A guide for professionals and carers

Kerrie Evers

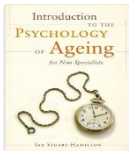
Even when he's grey around the muzzle, the black dog of depression can still deliver a ferocious bite. Depression may appear for the first time as we get older, as a result of life circumstances or our genetic makeup. This book offers a guide to identifying depression in older people, supporting them at home or in an aged care setting, and the importance of diet, exercise and attitude in recovery. It is essential reading for anyone who works with the elderly.



Oxford Textbook of Old Age Psychiatry

Tom Dening, Alan Thomas

The Oxford Textbook of Old Age Psychiatry, Third Edition, has been thoroughly updated to keep pace with the developments that have taken place in old age psychiatry since publication of the Second Edition in 2013, including the publication of the DSM-5/ICD-11 classification criteria. The Third Edition also includes new chapters on the ageing brain; the experience of dementia; carers' issues; biomarkers; and old age psychiatry in low- and middle-income countries.



Introduction to the Psychology of Ageing for Non-Specialists

Ian Stuart-Hamilton

A complete primer for non-specialists on the psychology of ageing, this accessible and comprehensive book explains the key issues clearly and concisely. Beginning with explanations of ageing, life expectancy and demographics, it goes on to discuss the aspects of ageing that have the most impact on people's lives.



Caring for Older People in Nursing

Sue Barker

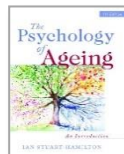
This book aims to help nursing students understand how to care for older people in any care setting. It focuses on person-centred, humanised care in addition to physical care, helping to examine attitudes towards older people in health care and combat negative stereotypes.



Handbook of the Clinical Psychology of Ageing

Robert Woods

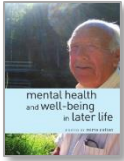
This book was universally regarded as a landmark publication when it was first published in 1996. Now, fully revised and updated, it retains the breadth of coverage of the original, providing a complete and balanced picture of all areas of clinical research and practice with older people.



The Psychology of Ageing: An Introduction

Ian Stuart-Hamilton

This revised book has a new chapter on death, dying and bereavement. Providing an overview of psychological processes of ageing, it presents the latest theory and research, including ageing and memory, language, personality and lifestyle and mental illness.



Mental Health and Well-Being in Later Life

Mima Cattan

Concern has been expressed that dementia has dominated the agenda of mental health and old age. This book goes some way to readdressing the imbalance with a focus on mental health and well-being in later life. It demonstrates how theory and health promotion principles link with the promotion of mental health and well-being in later life.



ABC of Geriatric Medicine

Nicola Cooper, Kirsty Forrest, Graham Mulley

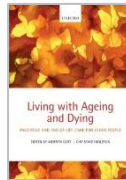
This book provides an introduction to the new and increasing challenges of treating older patients in a variety of settings. It provides an overview of geriatric medicine in practice. Chapters are written by experts, and are based on the specialty geriatric medicine curriculum in the UK. It is an essential guide where management of the ageing population is a major health issue - for hospital and family doctors, students, nurses and other members of the multi-disciplinary team.



Clinical Topics in Old Age Psychiatry

Julian C Hughes

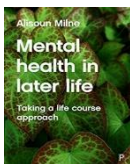
This book updates articles previously published in BJPsych Advances to compile a current review of noteworthy subjects in old age psychiatry. It opens with epidemiology, then offers information and advice about a variety of disorders, including rare and unusual dementias.



Living with Ageing and Dying: Palliative and End of Life Care for Older People

Merryn Gott, Christine Ingleton

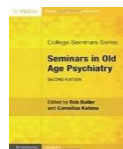
This book identifies ways for improving the end of life experiences of older people using an interdisciplinary approach. Providing a synergy between the disparate gerontology and palliative care literature, leading experts discuss priority areas in ageing and end of life care. 2011



Mental Health in Later Life

Alisoun Milne

Drawing together material from a number of different fields the book analyses the meaning and determinants of mental health amongst older populations and offers a critical review of the lifecourse, ageing and mental health debate.



Seminars in Old Age Psychiatry

Rob Butler

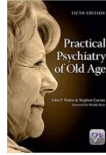
A concise and up-to-date text on the mental health of older people, this second edition is fully updated to reflect changes in technology, competency-based training, guidelines, law and treatments. Each chapter sits alone as an informative, readable and helpful resource for a range of health care professionals.



Oxford Handbook of Geriatric Medicine

Lesley Bowker

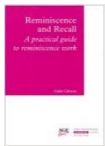
This book provides user-friendly advice in a field that has limited evidence, yet makes up a substantial proportion of the work of most clinicians. This will be invaluable to all those involved in the care of the older patient.



Practical Psychiatry of Old Age

John Wattis, Stephen Curran

This book details key psychiatric conditions, their assessment and management in line with modern developments, including the latest developments in healthcare policy. It has been revised to incorporate the National Institute for Health and Clinical Excellence (NICE) Guidance. 2013



Reminiscence and Recall: A Practical Guide to Reminiscence Work

Faith Gibson

References to 'personal worth and identity' and 'a lifetime of experience' are backed up with chapters showing work with people with dementia, are depressed, have learning difficulties, sensory impairment or who are bereaved or terminally ill.



Person-Centred Thinking With Older People

Helen Brown

Person-centred practices are a key way to provide the best possible care and support for older people and help them to be active and valued members of the community. Drawing on a wealth of experience of working with older people, the authors present the 6 essential person-centred practices.



The New Culture of Therapeutic Activity With Older People

Tessa Perrin

Once viewed as entertainment, activity provision is increasingly being seen as of therapeutic value and an integral part of quality care practice. This book clarifies and illuminates the changes that have been taking place in the field of activity provision over recent years, and offers a guideline to those who are endeavouring to catch up.

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