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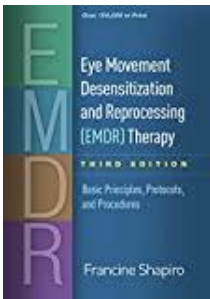
# EMDR Therapy: Eye Movement Desensitisation & Reprocessing

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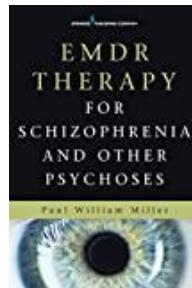
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**EMDR Therapy:  
basic principles,  
protocols, and  
procedures**  
Francine Shapiro

The authoritative  
presentation of EMDR  
therapy. Originally  
developed for

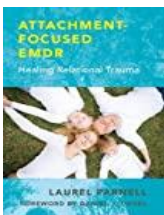
treatment of posttraumatic stress disorder (PTSD), this evidence-based approach is now also used to treat adults and children with complex trauma, anxiety disorders, depression, addictive behavior problems, and other clinical problems.



**EMDR Therapy for  
Schizophrenia and  
Other Psychoses**  
Paul William Miller

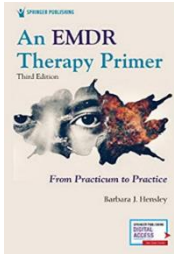
This practical resource  
is the first to apply  
EMDR to  
clients/patients with  
psychotic disorders,

written by THE EXPERT. It provides a  
summary of the latest research covering  
the use of EMDR in schizophrenia and  
the other psychoses, and demonstrates  
how an easy to use adaptation of the  
standard EMDR 8-phase protocol, the  
ICoNN model can be successfully applied  
in this client group with good outcomes.



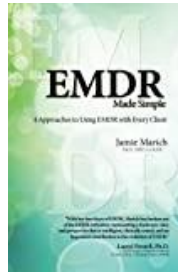
**Attachment-Focused EMDR: healing relational trauma**  
Laurel Parnell

One of the hottest theoretical areas in psychotherapy attachment. It is  
combined with the use of EMDR to teach therapists a new way of  
healing clients with relational trauma and attachment deficits.



**An EMDR Therapy Primer: From Practicum to Practice**  
Barbara Hensley

This is a step-by-step overview of the foundations of EMDR Therapy. It helps new and experienced clinicians maximize their preparation and skills in using EMDR safely, confidently, and effectively. The second edition reflects the evolution of EMDR to an integrative psychotherapeutic approach and is intended for use as a companion to Francine Shapiro's EMDR texts.



**EMDR Made Simple: 4 approaches to using EMDR with every client**

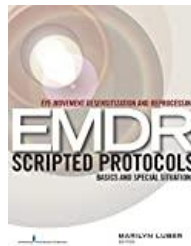
Jamie March

This book offers a new approach to understanding, conceptualizing, and implementing EMDR into clinical settings. Dr. March shows that EMDR is more than a series of protocols that need to be mastered for it to be effective. Using clinical cases, and practical examples, EMDR Made Simple provides the tools to build on existing clinical knowledge and make EMDR work for you and your clients.



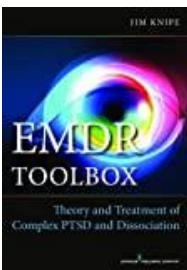
**EMDR Scripted Protocols: special populations**  
Marilyn Luber

This book outlines some of the basic elements of the 11-Step Standard Procedure of EMDR and the Standard Three-Pronged EMDR Protocol. It focuses on applying EMDR scripted protocols to special populations. These include children, adolescents, couples, and clients suffering from complex PTSD, dissociative disorders, anxiety, addictive behaviors, and severe pain.



**EMDR Scripted Protocols: basics and special situations**  
Marilyn Luber

EMDR has been used in many areas, such as addictions, anxiety, pain and dissociative disorders. This book gives therapists a place to access the full protocols, including the past, present and future templates as well as auxiliary information. It sets forth a template to use for reliability so that working in EMDR idiom is consistent.

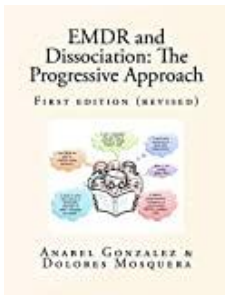


**EMDR toolbox: theory and treatment of complex PTSD and dissociation** Jim Knipe

**Book & E-Book**

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This book is the first to bring together in one volume an overview of the principal issues in treatment of dissociative disorders in complex PTSD, and a description of the integration of specific EMDR-related interventions or "tools" with other psychotherapeutic treatments.

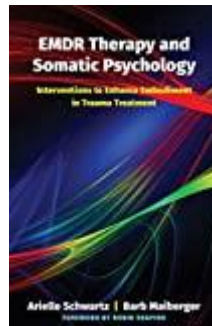


## **EMDR and Dissociation: the progressive approach**

Anabel Gonzalez

EMDR is a psychotherapeutic approach developed for the treatment of

PTSD. Practicing clinicians have also found the application of EMDR useful in treating patients who have experienced emotionally traumatic events, described as distinctive of their family-of-origin, their personal life history and their attachment relations. The authors describe some basic aspects to apply EMDR in the more severe cases, including dissociative disorders, personality disorders and different types of complex traumatization.

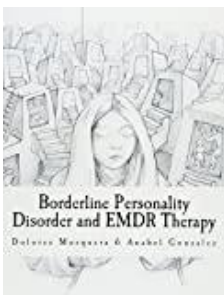


## **EMDR Therapy and Somatic Psychology Interventions to Enhance Embodiment in Trauma Treatment**

Arielle Schwartz

This book is written to meet the growing

interest in a synthesis of somatic psychology with EMDR Therapy as a comprehensive trauma treatment model. Interventions are presented as scripted protocols to enhance embodiment within the 8-phases of EMDR Therapy. This integrative treatment model teaches therapists how to increase the client's capacity to sense and feel the body which is a necessary part of helping the client work through traumatic memories in a safe and regulated manner in order to facilitate lasting integration.

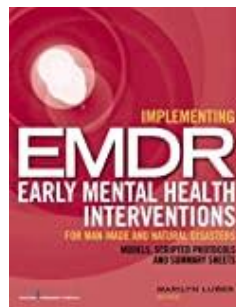


## **Borderline Personality Disorder and EMDR Therapy**

Anabel Gonzalez

This book proposes a comprehensive framework for working with this

complex group of clients. The theoretical background integrates attachment theory, structural dissociation, and the adaptive information processing model. Written in a practical and clinically oriented style, BPD and EMDR covers different situations such as defensive strategies, unhealthy self-care patterns, rigid core beliefs, emotional dysregulation, self-harming behaviors, and relational problems

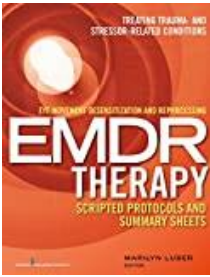


## **Implementing EMDR Early Mental Health Interventions for Man-Made and Natural Disasters Model, Scripted Protocols and Summary Sheets**

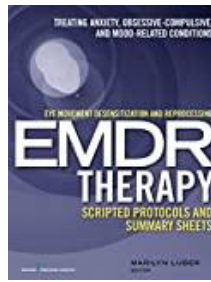
Marilyn Luber

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EMDR is a method of psychotherapy that has proven effective for the treatment of trauma. This book presents EMDR early-response intervention protocols for such traumatic events as earthquakes, mining accidents, tsunamis, and ongoing warfare. It also provides concise summary sheets to facilitate quick information retrieval in perilous circumstances.



**EMDR Therapy  
Scripted Protocols  
and Summary  
Sheets: Treating  
Trauma and  
Stressor-Related  
Conditions**  
Marilyn Luber



**EMDR Therapy  
Scripted Protocols  
and Summary  
Sheets Treating  
Anxiety, Obsessive-  
Compulsive, and  
Mood-Related  
Conditions**  
Marilyn Luber

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This book focuses on EMDR Therapy as a psychotherapy approach for trauma and stressor-related conditions. Using EMDR Therapy's standard procedures and protocols, it presents step-by-step scripts for practitioners to incorporate EMDR Therapy into their case conceptualizations and treatment plans. These scripts present the three-prong protocol (past memories, present triggers, and future templates) and the 11-step procedure essential to the standard practice of EMDR Therapy.

To access E-Book [Click here](#)

EMDR Therapy is a psychotherapy approach based on standard procedures and protocols. This book focuses on applying EMDR therapy to anxiety, obsessive-compulsive, and mood-related conditions using EMDR Therapy's standard procedures and protocols as its template. The scripts distill the essence of the Standard EMDR Protocols and reinforce the specific parts, sequence, and language used to create an effective outcome.

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