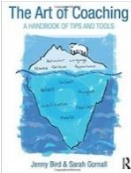


# Library and Knowledge Services Coaching

A selection of books from the four Trust libraries

*Books and E-Books\* can be accessed via the Library online catalogue at:  
<http://cwpt.wordpress.pfs-europe.co.uk/> \*E-Books require an OpenAthens account.  
Contact your local library for more information or to request an Athens Account.*



## The art of coaching: a handbook of tips and tools

Jenny Bird and Sarah Gornall

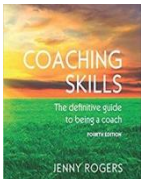
This is a book to shift thinking and open up new possibilities, to stimulate fresh insight, to adapt to your needs as a coach or manager and to use creatively in practice.



## 50 top tools for coaching: a complete toolkit for developing and empowering people

Gillian Jones

This book presents techniques needed for every coaching situation. Full of templates, checklists and tips, it covers assessing client needs, selecting the right tool and delivering effective coaching with confidence.



## Coaching skills: the definitive guide to being a coach

Jenny Rogers

With dozens of case studies and practical guidance, this book also emphasizes the importance of underpinning psychological awareness and understanding. It will support you whether you are an experienced coach or a beginner.



## Brilliant coaching: how to be a brilliant coach in your workplace

Julie Starr

This book shows how anyone can become a brilliant coach at work. Based on methods developed and proven in business, you will discover how to use core coaching methods and apply these to common coaching scenarios.



## The Coaching Manual: the Definitive guide to the process, principles and skills of personal coaching

Julie Starr

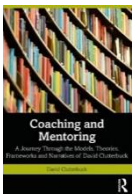
This bestselling book is trusted globally as the definitive guide to coaching. This carefully revised edition will guide you through the entire process from first meeting to when coaching ends, with methods, tips and techniques that simply work.



## Coaching: evoking excellence in others

James Flaherty

Coaching, Fourth Edition is a rich learning resource guide for new and experienced coaches who want to challenge their methods of partnering with clients. It is also an inspiring guide for training managers and leaders, human resource development managers, and general managers who want to develop their teams.



## **Coaching and Mentoring A Journey Through The Models, Theories, Frameworks And Narratives Of David Clutterback**

David Clutterback

This book brings together in one place all the theories and models that have emerged from the work of David Clutterback. This book will appeal to coaches and HR professionals across the world, at all levels.



## **The Seven Steps of Effective Executive Coaching**

Sabine Dembkowski

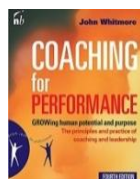
. This book explains the 7-step ACHIEVE coaching model, which focuses on five essential coaching skills--the development of rapport, deep listening, creative and open questioning, honest feedback and the use of intuition. With case studies and examples, this book provides a model for executive coaches to structure their coaching sessions and programs.



## **The psychology of executive coaching: theory and application**

Bruce Peltier

Peltier describes psychological theories and how to apply them to coaching strategies; business lessons in leadership, marketing and the corporate viewpoint; the challenges women face as managers and executives and coaching methods for this. With four new chapters, describing psychopathology, emotional intelligence, adult developmental theory and scientific literature on leadership development.



## **Coaching for performance: Growing human potential and purpose: the principles and practice of coaching and leadership**

Sir John Whitmore

Clear explanations on how to unlock people's potential to maximise performance. It contains the GROW model (Goals, Reality, Options, Will) and includes transpersonal psychology. There are new coaching questions and fresh chapters on emotional intelligence and high-performance leadership.



## **The Sage Handbook of Coaching**

Tatiana Bachkirova

**The SAGE Handbook of  
Coaching** presents a  
comprehensive, global view

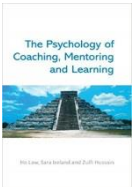
of the discipline, identifying the current issues and practices, as well as mapping out where the discipline is going.



## **Excellence in Coaching: Theory, Tools And Techniques To Achieve Outstanding Coaching Performance**

Jonathan Passmore

With updates to incorporate the latest thinking and insights, this revised fourth edition of Excellence in Coaching also contains a wealth of fresh material, including new chapters on establishing a coaching business, neuroscience coaching, psychodynamic coaching, understanding the coaching relationship.



## The psychology of coaching, mentoring and learning

Ho Law

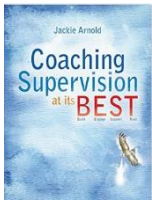
This book provides a thorough understanding of the rationale, theory and practice of coaching and mentoring from a psychological perspective. The authors unify the psychology underpinning this field, then demonstrate how individuals and organisations can apply the principles and techniques of coaching and mentoring.



## Effective coaching: lessons from the coaches' coach

Myles Downey

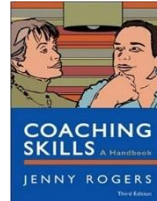
A pragmatic guide that establishes the many benefits of coaching in order to create a working environment for individuals and organizations to ensure that both fulfill their full potential.



## Coaching Supervision at its B.E.S.T

Jackie Arnold

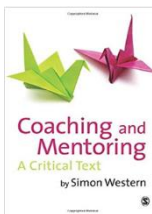
Coaching Supervision at its B.E.S.T. contains clear strategies and real life case studies and can be used in all settings where there is a need for effective and efficient coaching supervision.



## Coaching Skills a Handbook

Jenny Rogers

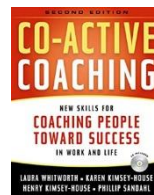
*Coaching Skills* is a popular text for coach training schools all over the world, brought to life with dozens of case studies and practical guidance, while also emphasizing the importance of underpinning psychological awareness and understanding.



## Coaching and Mentoring: a Critical Text

Simon Western

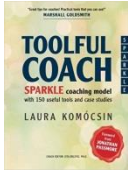
This vital new book brings a fresh and critical perspective on coaching and mentoring, challenging its taken-for-granted assumptions and narratives. It is written by a practitioner-scholar, and develops an exciting vision for coaching today.



## Co-Active Coaching: New Skills for Coaching People in Work and Life

Laura Whitworth

In this much-anticipated new edition, this pioneering co-author team expands the scope of their original coaching model with dozens of enhancements that reflect today's realities: over 35 interactive checklists, questionnaires, tools, updated terminology, and a wide-ranging set of new coaching examples drawn from nearly a decade's worth of first-hand experience with thousands of coaching trainees and clients worldwide.



## Toolful Coaching

Laura Komocsin

The author has gathered 13 coaching frameworks and 150 coaching tools from a variety of disciplines, including professional coaching, psychology, training, and business management.



## Coaching and Mentoring at Work Developing Effective Practice

Mary Connor

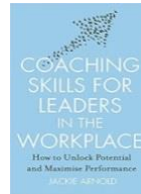
The third edition of this popular, practical and authoritative book has been revised and updated. It is aimed at coaches, mentors and clients.



## Coaching and Mentoring in Health and Social Care: the essential manual for professionals and Organisations

Julia Foster-Turner

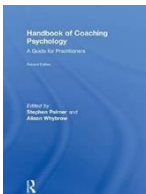
This book provides a grounding in the key principles and practice of coaching and mentoring. It offers step-by-step guidance on the process with a wide range of tools and techniques to explore. It challenges the reader to consider issues about the motivation, personal development, standards and ethics of coaches, mentors and their practice based on current and emerging best practice in the field.



## Coaching skills for leaders in the workplace: how to develop, motivate and get the best from your staff

Jackie Arnold

This book highlights the differences between coaching, supervision & mentoring. It demonstrates how coaching programmes enhance behaviours, retain staff, reduce recruitment costs, promote well-being and give a robust return on investment.



## Handbook of coaching Psychology: a guide for practitioners

Stephen Palmer, Alison Whybrow

The book begins with a mixture of personal and factual narratives on the historical and current context of coaching and coaching psychology. It is an essential resource for coaching psychologists, coaches, human resource and management professionals.

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