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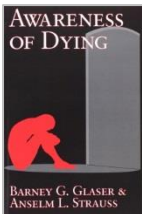
Bereavement

A selection of books from the four Trust libraries

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Awareness of Dying

Barney G Glaser, Anselm L Strauss

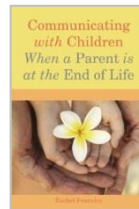


Should patients be told they are dying? How do families react when one of their members is facing death? Who should reveal that death is imminent? How does hospital staff--

doctors, nurses, and attendants--act toward the dying patient and his family? *Awareness of Dying* was the first study of dying in hospitals, and has proven a useful handbook for chaplains, social workers, nurses, and doctors in confronting the many ethical and personal problems that arise in the dying situation.

Communicating with Children when a Parent is at the End of Life

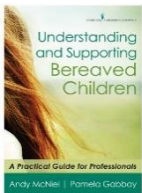
Rachel Fearnley



This book demonstrates how to support children through communication, language, information sharing. Developing confidence and skills such as talking, listening, giving children a voice and breaking bad news is also covered. The author outlines the concept of a 'communication continuum' which can be used to assess how much a child knows or understands about their parent's illness and how much they would like to know.

Understanding and Supporting Bereaved Children

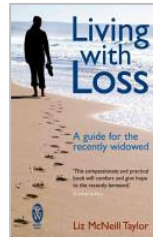
Andy McNiel



The book is based on best practices and the authors experience working with grieving families. It includes hands-on tips for interacting with and helping grieving children.

Living with Loss: A Guide for the Recently Widowed

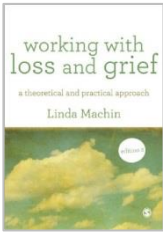
Liz McNeill Taylor



This is a survival handbook for the widowed, showing how, over time, the healing process can be assisted, and how you can get the most from friends, organizations and resources to start living a full life again.

Working with Loss and Grief: A Theoretical and Practical Approach

Linda Machin

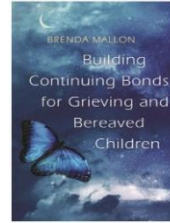


This updated edition provides a model for practitioners working with those who are grieving a significant life loss. Making clear connections between theory and practice, the 'Range of

Response to Loss' model provides a theoretical 'compass' for recognising the wide variability in reaction to loss and the 'Adult Attitude to Grief' scale is a tool for 'mapping' individual grief and its change over time, providing an individual grief profile.

Building Continuing Bonds for Grieving and Bereaved Children

Brenda Mallon

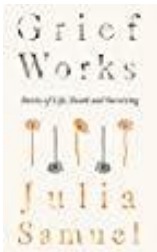


The period following the death of a friend or loved one can be tumultuous for anyone, but can be especially difficult for children, with lasting effects if the loss is not acknowledged or

supported. This book emphasises the importance of listening to children and helping them to create positive bonds that can sustain them as they go through their lives. It provides practical, creative approaches to support children in their time of bereavement and to those whose loved one is dying.

Grief Works: Stories of Life, Death and Surviving

Julia Samuel



A grief psychotherapist, has spent twenty-five years working with the bereaved and understanding the full repercussions of loss. This deeply affecting book is full of psychological insights on how grief, if

approached correctly, can heal us. Through elegant, moving stories, we learn how we can stop feeling awkward and uncertain about death, and not shy away from talking honestly with family and friends.

Death and Bereavement Across Cultures

Colin Murray Parkes, Pittu Laungani, Bill Young

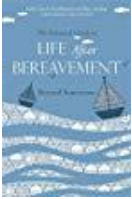


A handbook which meets the needs of doctors, nurses, social workers, hospital chaplains, counsellors and volunteers caring for patients with life-threatening illness and

their families before and after bereavement. It is a practical guide explaining the religious and other differences commonly met with in multi-cultural societies when someone is dying or bereaved. In doing so readers may be surprised to find how much we can learn from other cultures about our own attitudes and assumptions about death

The essential guide to life after bereavement : beyond tomorrow

Mary Jordan , Judy Carole Kauffmann

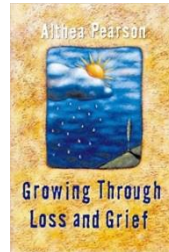


The authors address not only the emotional and spiritual aspects of bereavement, but also important and practical considerations such as wills and other paperwork,

disposing of personal possessions, making arrangements for funerals and memorial services, coping with the anniversaries of a death and resolving family conflict. Drawing on real examples, they offer compassionate, realistic advice on guilt and other negative emotions, as well as guidance on how and when to break the news of a death to others, including children, people with learning disabilities and people with dementia.

Growing Through Loss and Grief

Althea Pearson

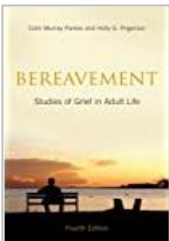


The author's premise is that all of life involves loss, and reactions to loss, whether great or minor, follow a common pattern. The universality of such reactions and

responses to loss thus enables counsellors to gain valuable insight into major traumas such as redundancy, marriage breakdown, ill health, abuse, and bereavement. The book guides us through the psychological and spiritual issues associated with loss, and in particular explores how the experience of loss can bring some measure of gain.

Bereavement: Studies of Grief in Adult Life

Colin Murray



The loss of a loved one is one of the most painful experiences that most of us will ever have to face in our lives. This book recognises that there is no single solution to the problems of bereavement

but that an understanding of grief can help the bereaved to realise that they are not alone in their experience.

Understanding Grief

Richard Gross

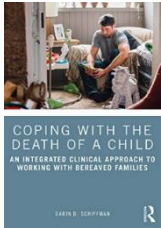


A comprehensive and accessible introduction to all the major models of grief. In addition to the individual perspective, bereavement is discussed in relation to social, cultural and religious

factors and influences. The book examines the impact of different types of bereavement, such as the death of a child, parent, spouse/partner, and sibling, and discusses the impact of traumatic death in relation to complicated grief.

Coping With The Death of a Child: An Integrated Clinical Approach to Working With Bereaved Families

Darin D Schiffman

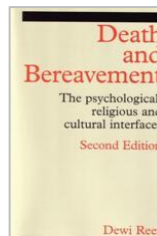


This integrated model shows mental health professionals how to offer practical and emotional support to the bereaved using descriptions of treatments, care

protocols, and guidelines. Through this approach, practitioners can foster interpersonal support and growth among families, even when grieving styles and timing differ between individuals.

Death and Bereavement: The Psychological, Religious and Cultural Interfaces

Dewi Rees



This is a comprehensive account of the psychology of death and bereavement, within the contexts of world religions and their associated mourning and funeral customs. There are

chapters, including dealing with the scientific assessment of death: another looks at the psychological insights provided by Shakespeare, whilst a third deals with the beliefs and customs of minority groups – the Bahais, Jehovah's Witnesses, Mormons, Quakers, Spiritualists and Seventh-day Adventists.

At a Loss: Bereavement Care When a Baby Dies

Alison Stewart

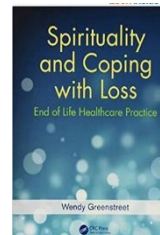


A comprehensive, research-based yet practical "direct" book which covers all types of bereavement concerning families - ie infertility; T.O.P;

miscarriage; premature and full-term stillbirths; pre-term and neonatal death; SIDS ("cot death"); adoption; and death in small children.

Spirituality and Coping With Loss

Wendy Greenstreet



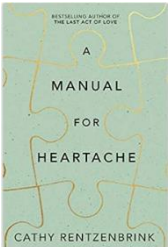
Spirituality and Coping with Loss: End of Life Healthcare

Practice describes a research study that reflects nurses' experience of the nature

of loss encountered in end of life care settings as well as the ways in which spirituality is a resource in coping in these situations.

A Manual For Heartache

Cathy Rentzenbrink



When Cathy Rentzenbrink was still a teenager, her happy family was torn apart by an unthinkable tragedy. In *A Manual for Heartache* she describes how she learnt to live

with grief and loss and find joy in the world again. She explores how to cope with life at its most difficult and overwhelming and how we can emerge from suffering forever changed, but filled with hope.

An Introduction to Coping with Grief

Sue Morris

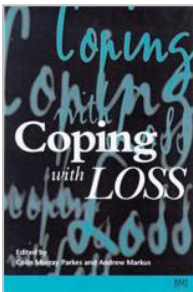


Grief is a natural reaction to loss but in some cases it can be devastating, preventing you from moving on in your life and affecting your relationships and work. This fully updated self-help guide offers an

examination and explanation of the grieving process and outlines clinically-proven strategies, based on cognitive behavioural therapy (CBT), to help you adjust to life without a loved one.

Coping with Loss: Helping Patients and Their Families

Colin Murray Parkes

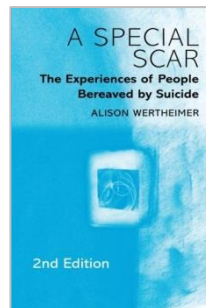


A guide to helping people cope with loss, including less obvious types of loss and highlighting the psychological problems caused by disease and giving guidance on communication skills,

the grieving process and the role of the family doctor.

A Special Scar: The Experience of People Bereaved by Suicide

Alison Wertheimer

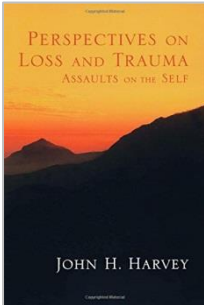


A Special Scar looks in detail at the stigma surrounding suicide and offers practical help for survivors, relatives and friends of people who have taken their own life. Fifty bereaved people tell their own stories,

showing us that, by not hiding the truth from themselves and others, they have been able to learn to live with the suicide, offering hope to others facing this traumatic loss.

Perspectives on Loss and Trauma: Assaults on the Self

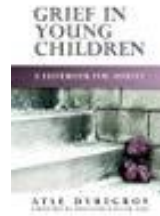
John Harvey



Taking a broad perspective, the book reviews theory and research on loss and trauma as a result of the death of close friends and family, divorce, unemployment, homelessness, war and violence and genocide and discusses relevant therapy approaches for coping with major loss.

Grief in Young Children: A Handbook for Adults

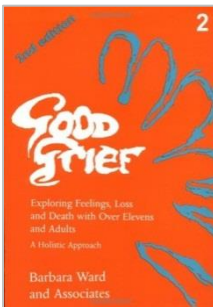
Atle Dyregrov



This text will be of help to all who care for pre-school children - parents, kindergarten teachers, ministers of religion, police, welfare workers etc. It is a common misconception that pre-school children are not capable of experiencing grief in the same way that older children do.

Good Grief: Exploring Feelings, Loss and Death with Over Elevens and Adults

Barbara Ward

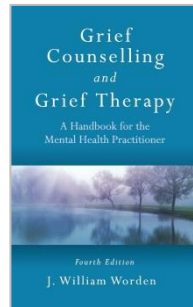


With 20 educators contributing ideas piloted with children of different abilities and backgrounds in their care, this text has been designed to explore and demystify the experience of loss -

in different contexts- within the framework of the National Curriculum. Complete with a revised section on the effects on children, it is activity-based, facilitating the use of children's own experiences thereby encouraging improvization and extension.

Grief Counselling and Grief Therapy: A Handbook for the Mental Health Practitioner

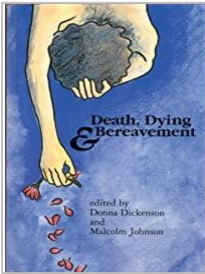
William Worden



This highly anticipated fourth edition builds on the success of the previous editions which received worldwide acclaim for their sensitive, insightful, and practical approach to grief counselling. A classic text to help mental health practitioners treat the problems associated with grief. It has been expanded and updated to include new counselling techniques and areas of treatment - AIDS, the elderly and counselling in groups.

Death, Dying and Bereavement

Donna Dickinson, Malcolm Johnson

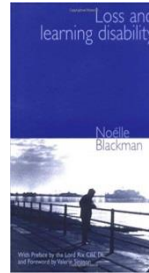


This book gives a broad overview of many of the issues around death, dying and bereavement. It raises the reader's awareness and encourages deeper investigation at every

level. It is easy to read and therefore accessible

Loss and Learning Disability

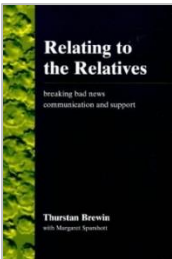
Noelle Blackman



The emotional life of people with learning disabilities is a subject that has only begun to be thought about during the last decade. This book by Noelle Blackman addresses the central issue of how people with learning disabilities can be affected by bereavement.

Relating to the Relatives: Breaking Bad News, Communication and Support

Thurstan Brewin, Margaret Sparshott

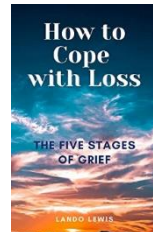


This is intended for all those who not only have to give bad news but are also keen to give as much help and support as possible to partners and families - both immediately and during remission

relapse terminal illness dying or grieving. It is of use in a hospital environment and in primary care and readers including doctors nurses social workers and spiritual advisers will value it both when they are in training and perhaps especially in the years after qualification.

How to Cope With Loss: The Five Stages of Grief

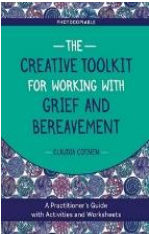
Lando Lewis



This book's goal is to give you a concise yet comprehensive and detailed analysis of the five-stage model and help you identify your own best course toward acceptance, healing, and moving on. You will find that you are not uniquely punished or hopeless and are, in fact, going through something natural that you certainly have the strength to deal with.

The Creative Toolkit for Working with Grief and Bereavement: A Practitioner's Guide with Activities and Worksheets

Claudia Coenen



Offering a straightforward guide to bereavement models and therapeutic approaches, with photocopiable exercises and worksheets, The Creative Toolkit for Working with Grief and Bereavement is a valuable resource for information on grief and how to help grieving clients, and an invitation to explore creative possibilities for healing.

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